

Bairnsdale Triathlon 13 December 2009

Olympic Distance

Place	Participant	1.5k Swim	40k Cycle	10k Run	Total
1	Ryan Cross	18.33	1.08.99	39.53	2.07.25
2	Stephen McShane	18.35	1.08.01	45.55	2.12.31
3	Frank Strini	19.07	1.14.93	43.05	2.17.05
4	Clint Bain	20.59	1.14.54	41.57	2.17.10
5	Dayne Nash	21.29	1.16.25	55.57	2.33.21
6	Shannon Nash	23.05	1.15.47	60.57	2.39.49

Sprint Distance

Place	Participant	500m swim	20k Cycle	4k run	Total
1	Stuart Fraser	6.43	35.11	17.52	59.06
2	Tim Boote	9.06	36.25	17.23	1.02.54
3	Cameron Goodison	8.02	40.21	16.18	1.04.41
4	Rod Smith	9.17	37.53	17.39	1.04.49
5	Jake Strini	8.04	40.12	19.00	1.07.16
6	Brad Fisher	13.29	38.07	16.56	1.08.02
7	Paul Smith	9.42	40.52	17.58	1.08.22
1	Sharon Dilly	8.58	40.55	20.16	1.09.59
8	Tomm Bryan	DNS	54.14	16.53	1.11.07
2	Wendy Jordan	10.17	41.40	20.49	1.12.06
9	Naveen Joshi	12.00	42.30	18.59	1.13.19
10	Reece Newcomen	10.11	43.52	20.32	1.14.35
3	Lauren Haylock	10.19	43.30	21.00	1.15.09
11	Alan Cross	9.49	43.30	23.53	1.17.02
12	Andrew Grant	11.58	44.55	21.51	1.18.04
13	Ryan Hurrell	9.54	50.17	21.49	1.22.00
4	Jessica Fox	10.23	51.38	19.59	1.22.00
14	Bob Weatherill	15.10	48.21	25.26	1.28.57
	Sekove	8.04			DNF

Place	Participant	250m swim	20k Cycle	2k run	Total
1	Lachlan Jordan	10.02	54.58	13.03	1.18.03
2	Jordan Strini	10.02	56.58	12.52	1.19.52

Kids Distance

Place	Participant	100m swim	3k bike	500m run	Total
1	Jordan Dowsett				11.12